

# NEWSLETTER

JUNE 2018



THE OCEAN RESORT



THE OCEAN VILLAS



THE OCEAN SUITES



THE OCEAN ESTATES





## MONTHLY RECIPE WITH CHEF THANH

### Sesame Crusted Salmon with Salsa

#### Ingredients:

- 200/250 gr Salmon Fillets
- 25gr White Sesame Seeds
- Salt & Black Pepper

#### For Salsa:

- 150 gr Fresh Cucumber
- 100 gr Fresh Strawberries
- 50 gr Red Onion, Finely Chopped
- 30ml Red or White Vinegar
- 1 Teaspoon White Sugar
- Fresh Coriander, Roughly Chopped
- Fresh Mint, Roughly Chopped
- 2 Teaspoons Sesame Oil
- Salt & Pepper to Taste

#### Method:

- For the salsa, toss the cucumber, fresh strawberries, red onion, red wine vinegar and sugar together with the coriander, mint and sesame oil and season to taste. Chill until ready to serve.
- For the salmon, preheat the oven to 200 °C. Heat a large, oven-proof sauté pan over medium-high heat and add the olive oil. Pour the sesame seeds onto a plate and season lightly, stirring to mix.
- Dip the top of each salmon portion into sesame seeds and place, sesame seed-side down into hot pan. Cook for 2 minutes, then flip salmon portions over. Place the pan in the oven and cook for 10 to 15 minutes (10 minutes for medium, 15 minutes for well done).
- Serve the cooked salmon with the salsa on the side.



## AT A GLANCE



### SPA PROMOTION

Book any 60 minute massage therapy between 2:00pm-5:00pm in June and a 30% discount applies!



### NEW KOREAN MENU

White Caps has launched a new Korean menu, featuring a range of Korean favorites as well as BBQ- best enjoyed with a glass of Soju!



### DRAUGHT BEER

With summer upon us, we are pleased to announce that ice-cold Tiger Draught and San Miguel Draught beer is now available at White Caps Restaurant.





## QUOTE OF THE MONTH

*"I would rather die of passion than of boredom" – Vincent Van Gogh*

## LOCAL TIPS



### 99+ SKY LOUNGE OPENS

FNB VIETNAM JSC recently opened a new dining and bar complex, named 99+ Sky Lounge, on the 5th and 6th floors Happy Yacht, located on riverside Tran Hung Dao Street in Son Tra District's An Hai Tay Ward.

## FEATURE

### Summer Rendezvous Program

From the 16 to 20 June, a wide range of cultural and sporting activities will be held at the East Sea Park, the beaches, at Son Tra Peninsula and along both banks of the Han River as part of the 2018 Summer Rendezvous Programme:



#### EAST SEA PARK:

- Street carnival and flash mob bikini performance (16 June)
- Musical shoes every evening (17-20 June)
- Folk games festival (17-20 June)
- Bartending competition (19 June).
- Photo exhibition, food and beer festivals, a kite festival and souvenir stalls (16-20 June)
- Free open-air cinema event (18 June). The screenings will start at 6.00pm and end at 11.00pm.

#### OTHER LOCATIONS

- International Yoga Day, which will be held on the My Khe Beach in the morning of 19 June. Free yoga classes will be held at 5.30am and 8.30am (20 June).
- Street music performances on the Han River banks (18-20 June).
- Sand sculpture contest on the Pham Van Dong Beach (29 June).